

2026 Medical Plans Comparison – Seattle Police Officers’ Guild

The purpose of this document is to help you make decisions; it is not a contract. Details are provided in your medical plan booklet at [SPOG Benefits Plan](#).

Kaiser Permanente*		City of Seattle Traditional Plan*		City of Seattle Preventive Plan*	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Deductible (per calendar year)					
No deductible	\$200 per person \$600 per family Deductible applies, except for prescriptions, preventive visits, ambulance, and DME.	\$100 per person \$300 per family	\$150 per person \$450 per family	Does not apply	\$250 per person \$750 per family
Annual Out of Pocket Maximum (OOP Max) includes medical coinsurance. Excludes the deductible and prescription drug copays/coinsurance.					
Includes medical copays		Excludes copays		Excludes copays	
\$750 per person \$1,500 per family	\$2,000 per person \$6,000 per family	\$400 per person. Applies to 20% coinsurance.	\$1,600 per person. Applies to 40% coinsurance. **	\$500 per person \$1,000 per family	\$3,000 per person** \$6,000 per family**
Total Out of Pocket Maximum includes medical coinsurance and the deductible. Excludes prescription drug copays/coinsurance.					
Includes medical copays		Excludes copays		Excludes copays	
\$750 per person \$1,500 per family	\$2,000 per person \$6,000 per family	\$500 per person	\$1,750 per person	\$500 per person \$1,000 per family	\$3,250 per person \$6,750 per family
Hospital Copay					
None	None, deductible applies.	None	None	None	None
Hospital Pre-admission Authorization					
Except for maternity or emergency admissions, must be authorized by Kaiser Permanente		Except for maternity or emergency admissions, your physician must contact Aetna prior to your admission	Member responsible for obtaining precertification of out-of-network care	Except for maternity or emergency admissions, your physician must contact Aetna prior to your admission	Member responsible for obtaining precertification of out-of-network care
Choice of Providers					
All care and services provided at Kaiser Permanente Facilities or network providers Members may self-refer to most Kaiser Permanente specialists.		Aetna contracted provider members. No primary care physician selection required. No referrals required.	Any licensed, qualified provider of your choice. Expenses paid based on recognized charges**. You pay the difference between recognized and billed charges.	Aetna contracted provider member. No primary care physician selection required. No referrals required.	Any licensed, qualified provider of your choice. Expenses paid based on recognized charges**. You pay the difference between recognized and billed charges.
COVERED EXPENSES					

Kaiser Permanente*		City of Seattle Traditional Plan*		City of Seattle Preventive Plan*	
Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Abortion					
Covered in full	Paid at 100% after \$20 copay, deductible applies	Paid at 80% after deductible. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.	Paid at 60% after deductible. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.	Paid at 100%. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.	Paid at 70% after deductible. Plan will pay up to \$10 K travel and lodging allowance if service not available within 100 miles of your residence.
Acupuncture					
Paid at 100%. 8 visits per condition per year self-referred. Additional visits when approved by plan.	Paid at 100% after \$20 copay. 8 visits per condition per year self-referred. Additional visits when approved by plan. Deductible applies.	Paid at 80% after deductible Maximum of 12 visits per calendar year for in- and out-of-network combined	Paid at 60% after deductible	Paid at 100% after \$5 copay All acupuncture services are subject to ongoing review and approval by Aetna for medical necessity	Paid at 70% after deductible
Alcohol/Drug Abuse Treatment					
Inpatient: paid at 100% Outpatient: paid at 100%	Inpatient: Paid at 100%, deductible applies Outpatient: \$20 copay, deductible applies	Paid at 80% after deductible	Paid at 80% after deductible	Inpatient: Paid at 100% Outpatient: Paid at 100% after \$5 copay.	Inpatient: Paid at 70% after deductible Outpatient: Paid at 70% after deductible
Contraceptives					
For contraceptive drugs and devices, see Prescription Drug benefit		Paid at 80% after deductible See Prescription Drug benefit	Paid at 60% after deductible	Paid at 100% after copay See Prescription Drug benefit	Paid at 70% after copay
Durable Medical Equipment (DME)					
Paid at 80%	Paid at 80%	Paid at 80% after deductible		Paid at 100%	Paid at 70% after deductible
Emergency Medical Care					
➤ Urgent Care Clinic					
Paid at 100%	Paid at 100% after \$20 copay, deductible applies.	Paid at 100% after \$35 copay	Paid at 60% after deductible	Paid at 100% after \$35 copay	Paid at 70% after deductible

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Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Emergency Room (copays waived if admitted)					
Kaiser Permanente facility: Paid at 100% after \$25 copay (waived if admitted). Non-Kaiser Permanente facility: Paid at 100% after \$75 copay (waived if admitted.)	Kaiser Permanente facility: Paid at 100% after \$75 copay (waived if admitted). Non-Kaiser Permanente facility: Paid at 100% after \$125 copay (waived if admitted.). Deductible applies.	Paid at 80% after deductible	Paid at 80% after deductible Non-emergency, paid at 60% after deductible	Paid at 100% after \$50 copay	Paid at 100% after \$50 copay. Non-emergency paid 70% after \$50 co-pay.
Ambulance					
Paid at 80%. Kaiser Permanente-initiated, non-emergency transfers are paid at 100%	Paid at 80%. Kaiser Permanente-initiated, non-emergency transfers are paid at 100%	Paid at 80% when medically necessary after deductible. Non-emergency transport must be approved in advance by Aetna.		Paid at 100% when medically necessary. Non-emergency transport must be approved in advance by Aetna.	
Hearing Aids (per ear, every 36 months)					
Paid at 100%	Paid at 100%	Paid at 100%	Paid at 100%	Paid at 100%	Paid at 100%
		In-network coinsurance applies whether purchased in- or out-of-network. Deductible does not apply.		In-network coinsurance applies whether purchased in- or out-of-network. Deductible does not apply.	
Home Health Care					
Paid at 100% when authorized. No visit limit	Paid at 100% when authorized. No visit limit	Paid at 90% after deductible Maximum benefit of 130 visits per calendar year for in- and out-of-network combined.		Paid at 100%	Paid at 70% after deductible Maximum benefit of 130 visits per calendar year for in- and out-of-network combined.
Hospital Inpatient					
Covered in full.	Paid at 100%, deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100%	Paid at 70% after deductible
Hospital Outpatient					
Covered in full	Paid at 100% after \$20 copay, deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100%	Paid at 70% after deductible
Hospice					
Paid at 100% when authorized	Paid at 100% when authorized	Paid at 90% after deductible		Paid at 100%	Paid at 70% after deductible

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Standard Plan	Deductible Plan	Aetna In-Network	Out-of-Network	Aetna In-Network	Out-of-Network
Maternity Care (delivery & related hospital)					
Paid at 100%	Paid at 100%, deductible applies.	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100%	Paid at 70% after deductible
Maternity Care (prenatal and postpartum)					
Paid at 100%	Paid at 100% after \$20 copay. deductible applies. Routine care not subject to outpatient services copay	Paid at 80% after deductible	Paid at 60% after deductible	Paid 100% after \$5 copay	Paid at 70% after deductible
Mental Health Care (inpatient)					
Covered in full.	Covered in full, deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100%	Paid at 70% after deductible
Mental Health Care (outpatient)					
Paid at 100%	Paid at 100% after \$20 copay, deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100% after \$5 copay	Paid at 70% after deductible
Physician Office Visit					
Paid at 100%	Paid at 100% after \$20 copay, deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100% after \$5 copay	Paid at 70% after deductible
Prescription Drugs (mail order)					
Mailing service available, subject to a \$9 copay per 90-day supply. Contraceptive drugs and devices are covered subject to the pharmacy copay	Mailing service available, Generic: \$30 copay per 90-day supply. Brand: \$60 copay per 60-day supply. Contraceptive drugs and devices are covered subject to the pharmacy copay	For 90-day supply: Generic: \$10 copay Preferred Brand name: \$20 copay Non-preferred drugs: \$50 copay	Not Covered	For 90-day supply: Generic: \$10 copay Preferred Brand name: \$20 copay Non-preferred drugs: \$50 copay	Not Covered

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Prescription Drugs (retail)					
For a 30-day supply: \$3 copay. Contraceptive drugs and devices are covered subject to the pharmacy copay.	For a 30-day supply: Generic: \$15 copay Brand: \$30 copay Contraceptive drugs and devices are covered subject to the pharmacy copay.	For a 34-day supply: Generic: \$5 copay Some generic maintenance drugs dispensed as greater of 34-day supply or 100 units. Preferred brand-name: \$10 copay. Non-preferred: \$25 copay. Many contraceptive products are covered. IUD and Depo Provera are covered under the medical plan benefits. Pharmacy out-of-pocket maximum of \$1,200 per individual or \$3,600 per family	Not covered	For a 31-day supply: Generic: \$5 copay Preferred brand name: \$10 copay. Non-preferred drugs: \$25 copay. Many contraceptive products are covered. IUD and Depo Provera are covered under the medical plan benefit. Pharmacy out-of-pocket maximum of \$1,200 per individual or \$3,600 per family	Not covered
Preventive Care					
Paid at 100%. Covers adult physical and well-child exams, most immunizations, digital rectal exam/prostate-specific antigen test, colorectal cancer screening, pap smear exam, and mammogram.	Paid at 100% after \$20 copay. Covers adult physical and well-child exams, most immunizations, digital rectal exam/prostate-specific antigen test, colorectal cancer screening, pap smear exam, and mammogram.	Paid at 80% after deductible for mammograms. Other preventive services not covered.	Paid at 60% after deductible for mammograms. Other preventive services not covered.	Paid at 100% for routine physical exams, well child care, immunizations, well woman care and mammograms.	Paid at 70% after deductible for well woman care and mammograms. No other preventive services are covered.

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Rehabilitation Services (inpatient)					
Paid at 100%	Paid at 100% Deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100%	Paid at 70%
Maximum of 60 days per calendar year for occupational, speech, and physical therapy.	Maximum of 60 days per calendar year for occupational, speech, and physical therapy.			Maximum 120 days per calendar year for skilled nursing and rehab services in- and out-of-network combined	
Rehabilitation Services (outpatient)					
Paid at 100%	Paid at 100% after \$20 copay, deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100% after \$5 copay	Paid at 70% after deductible
Maximum of 60 visits per calendar year for occupational, speech, and physical therapy	Maximum of 60 visits per calendar year for occupational, speech, and physical therapy	Coinsurance does not apply to the annual out-of-pocket maximum. Maximum calendar year benefit of 35 visits for physical/massage, speech, occupational and cardiac/pulmonary therapy for in-network and out-of-network combined.		The benefit includes physical/massage, speech, occupational, and cardiac/pulmonary therapy. Maximum of 20 visits for each of the above listed benefits per calendar year for in-network and out-of-network combined.	
Skilled Nursing Facility					
Paid at 100%. 60-day maximum per calendar year.	Paid at 100%; 60-day maximum per calendar year, deductible applies.	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100%	Paid at 70% after deductible
		Maximum of 90 days per calendar year for in- and out-of-network combined.		Maximum of 120 days per calendar year for in- and out-of-network combined	
Smoking Cessation					
Paid at 100% for individual/group sessions through Quit For Life.		Lifetime maximum of one 90-day supply of smoking cessation aids or drugs. See Prescription Drugs, retail.	Not covered	Not covered	Not covered
Nicotine replacement therapy included in Prescription Drugs benefit. No copay for all smoking cessation prescription drugs through mail-order.					
Spinal Manipulations					
Paid at 100%	Paid at 100% after \$20 copay, deductible applies.	Paid at 80% after deductible		Paid at 100% after \$5 copay	Paid at 70% after deductible

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Self-referral to Kaiser Permanente designated providers. Must meet Kaiser Permanente protocol. Maximum of 10 visits per calendar year.		Maximum of 10 visits per calendar year for in-network and out-of-network combined		Maximum of 20 visits per calendar year for in-network and out-of-network combined.	
Sterilization Procedures					
Covered in full	\$20 copay, deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Inpatient: Paid at 100% Outpatient: Paid at 100% after \$5 copay.	Paid at 70% after deductible
Tooth Injury/Oral Surgery (due to accident)					
Not covered	Not covered	Paid at 80% after deductible		Inpatient: Paid at 100% Outpatient: Paid at 100% after \$5 copay.	Paid at 70% after deductible
Vision Exam/Hardware					
Vision exam every 12 months: Covered in full	Vision exam every 12 months: Paid at 100% after \$20 copay	Covered under VSP		Covered under VSP	
Additional coverage provided under VSP	Hardware: not covered Additional coverage provided under VSP				
X-ray and Lab Tests (Outpatient)					
Paid at 100%	Paid at 100%, deductible applies	Paid at 80% after deductible	Paid at 60% after deductible	Paid at 100%	Paid at 70% after deductible

* Coverage for any service is subject to the carrier's determination of medical necessity and adherence to their clinical policy guidelines.

** Applies to Aetna -- Recognized charges are the lower of the provider's usual charge for performing a service, and the charge Aetna determines to be the recognized charge percentage in the geographic area where the service is provided.

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